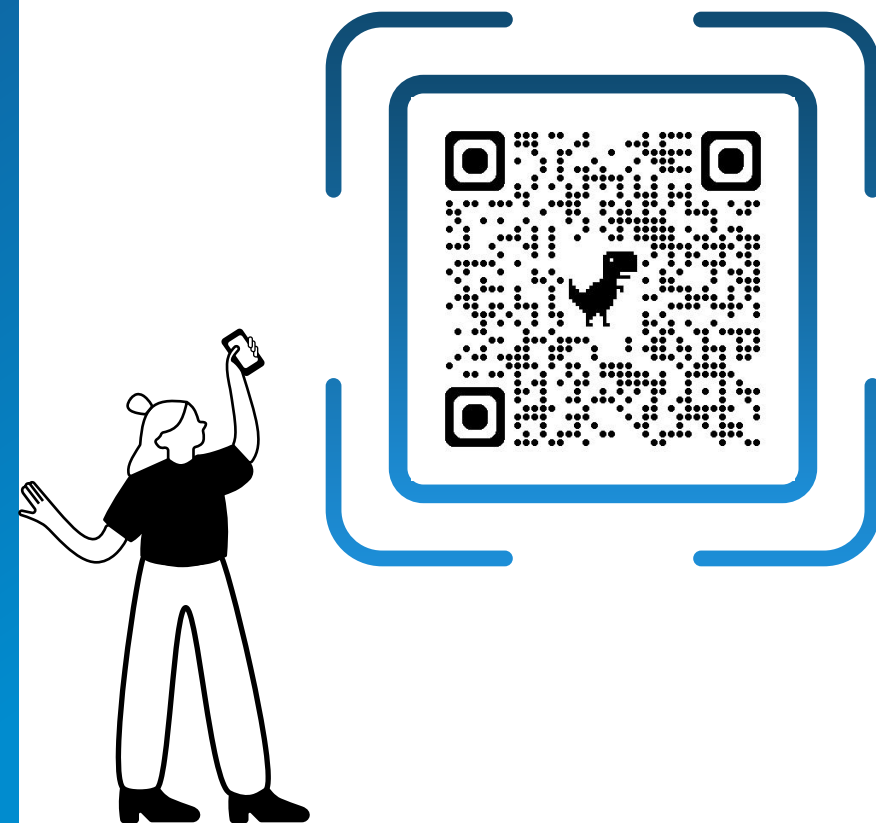


Quick Start Guide

1

Read Safety, Warnings and Precautions...

For the safe use of the device, please read the safety instructions first. You can access these in the User Manual under the section "Safety, Warnings, and Precautions." For the digital version, scan the QR code below.



2

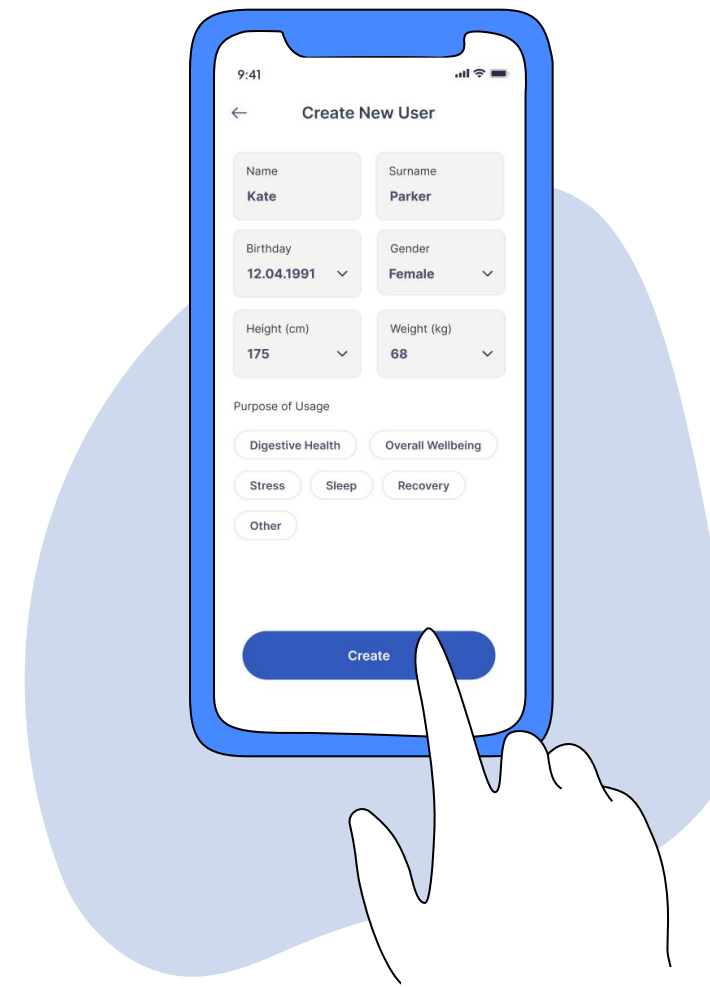
Download the vagu@stim Mobile App



3

Create Your Account

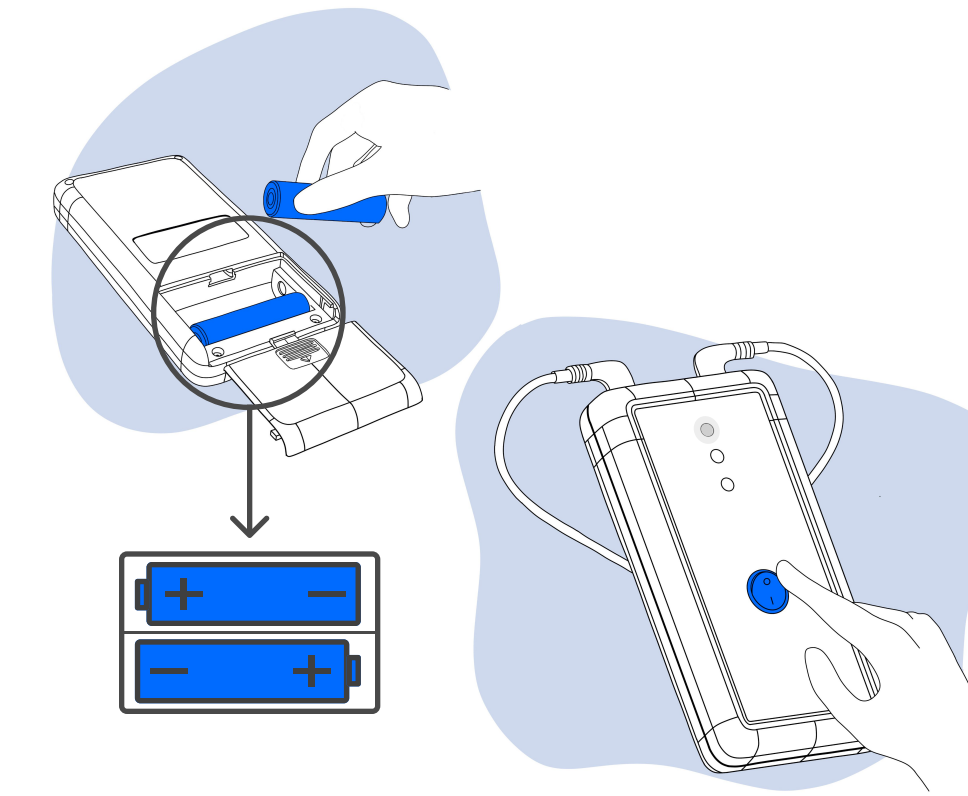
After signing up for the app, create your account to get started.



4

Place the Batteries and Turn on the Device

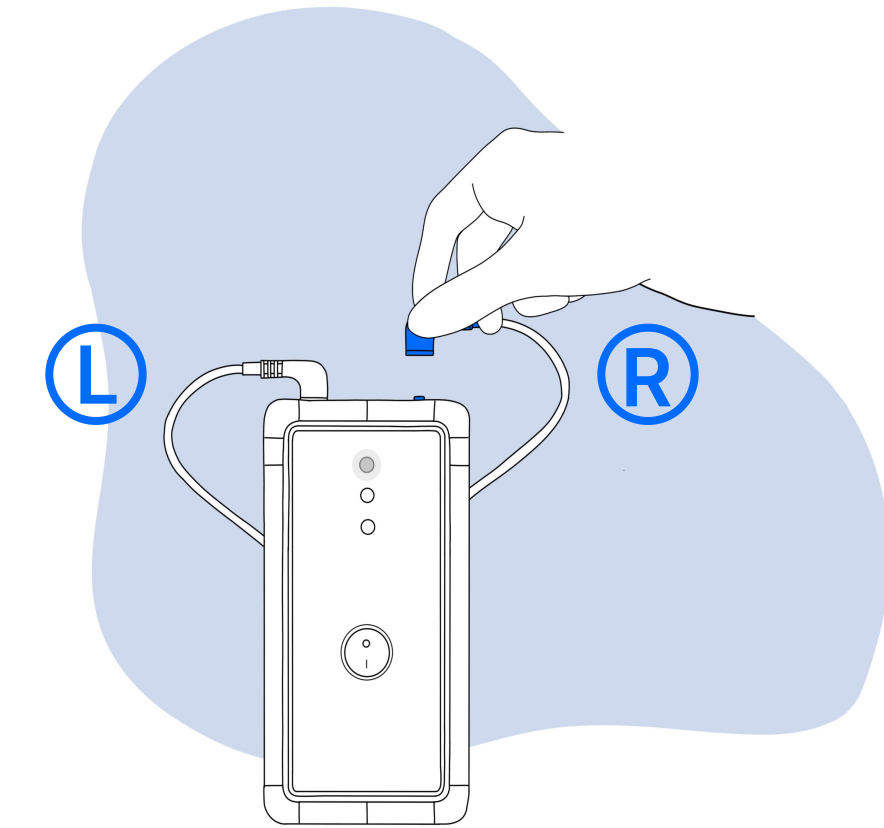
Insert the batteries according to the polarity markings (+/-). Press the switch to turn on the device. The LED number 1 on the device will light up with a constant white color.



5

Plug in the Ear Electrodes

Plug the ear electrodes into the stimulator. Ensure that the left and right ear electrodes are positioned correctly.



6

Connect Your Device to the Vagustim Mobile App

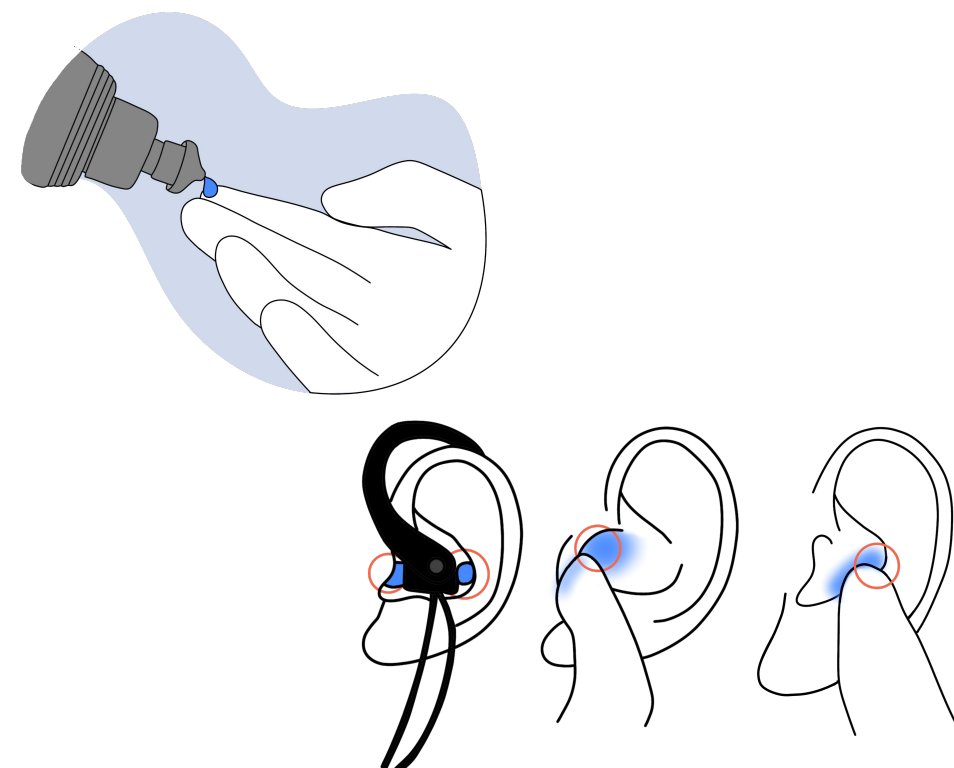
Enable Bluetooth on your mobile phone. Open the BLE connection page on the App by tapping the "Start Stimulation" button. If LED number 2 is flashing, the device is searching for a Bluetooth connection. If LED number 2 is constant blue, the connection has been established, and you will be able to see the device control page.



7

Apply Conductive Gel/Paste

Apply conductive gel/paste onto the indicated areas (concha and tragus) of your ear.



You can scan the QR code here to learn how to apply conductive gel.

8

Put the Ear Electrodes on Your Ear

Place the ear electrodes onto your ears according to the 'L' and 'R' labels. Ensure that both metal probes make contact with your skin.



Adjust the position of the ear electrodes as shown in the video.

9

Start Stimulation

Tap the green "Start" button on the app to begin stimulation. Then increase the intensity for each ear separately by tapping the "+" button until you feel a comfortable sensation.



10

To Adjust the Stimulation Parameters

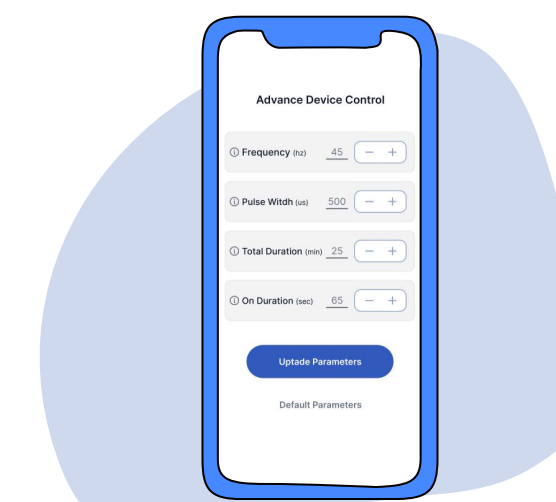
From the menu on the upper right side of the device control page, you can customize the stimulation parameters:

Frequency: Number of stimulation pulses delivered per second, measured in Hertz (Hz).

Pulse Width: Length of time each group of pulses of stimulation.

Total Duration: Total length of the stimulation.

On Duration: Active stimulation within a minute.



You can refer to the following materials for comprehensive guidelines on the correct and safe usage of the device.



For your questions, you can always contact us.

E-mail: info@vagustim.io

WhatsApp: 0 (850) 302 92 20

